



17 December 2025

Dear Parent/Carer,

Re: New Measures to support Parents and Carers with Digital Wellbeing at Home

With the Christmas Holiday fast approaching, we hope you are enjoying the final week of the term.

We want every child at our school to do their very best learning in school and at home. To support with this, we are making some changes to help manage screen time at home on school iPads.

We know that iPads are great for learning, but sometimes screentime can be hard to manage. We want to work with you to make sure technology helps your child learn without stopping them from getting enough rest.

We are introducing two new things to help:

1. A downtime for iPads (Digital Wellbeing Schedule):

To help students take time away from devices, the school iPads will now have a "Sleep Mode" activated. When in Sleep Mode, only the clock and alarm will work.

Here are the times the iPads will sleep each day:

- **Primary School devices:** 9:00 PM to 7:00 AM.
- **Secondary School devices:** 10:00 PM to 6:00 AM.

2. An App for Parents (Jamf Parent App):

There is a free app you can put on your own phone called Jamf Parent. It works on iPhones and Android phones.

This app lets you control your child's iPad when they are not at school. You can:

- **Set quiet times:** Choose times for homework or family time.
- **Block apps:** Turn off games or social media when your child needs to focus.
- **Make rules:** Create your own rules for weekends and evenings.





NEWCASTLE
ACADEMY



A part of Windsor
Academy Trust

Headteacher

Mr Will Trugeon-Smith

Place of registration: England



Gallowstree Lane, Newcastle
under Lyme, Staffordshire, ST5 2QS



01782 667650



office@newcastle.academy



www.newcastleacademy.org



@Newcastle_Acad

When does this start?

- The iPad downtime (Sleep Mode) will start on the evening of Wednesday 17th December 2025.
- You can download the Jamf Parent App right now.

Need help?

We have linked a video [here](#) to show you how to set up the Jamf Parent App and link it to your child's school iPad.

If you need more help, please fill in this [form](#) and a member of the IT team will be in contact to support you.

We hope these changes help support your child to have a healthy balance between screen time and rest.

Yours sincerely,

Will Trugeon-Smith
Headteacher

